

MINNESOTA NATIONAL GUARD YOUTH CAMP MNGYC Camper Packing List

Revised 2024

1360 University Ave West, Box 132, St. Paul, Minnesota 55104-4086 Phone: (763) 670-1257

Please mark all items with Camper's name

Clothes: Bring old destroyable items – you will get wet and dirty at camp

_____Shorts (8): Minimum 3-inch inseam, not see-through, or overly tight, and ensure sensitive body parts are covered while squatting, running, jumping, or performing other activities at camp.

_____Swimsuits (2): Girls – One piece or tankini only

Pants/Jeans (4)	Pajamas (2)
Socks (12 pair)	Underwear (12)
Light Jacket or Windbreaker	Tennis shoes (2-3): They will likely get wet

_____Sweatshirts/Long sleeved shirts (2-3): At least one with a hood

Water shoes for at the beach (1): Both toe and heel must be covered or have straps. <u>NO CROCS</u>. Shirts (10): No tank tops, muscle shirts, spaghetti strap or bare midriff shirts. Ensure midriff is not exposed when lifting arms above head and are not see through when wet or dry.

Toiletry Items:

Bath Towel	Wash cloths/Loofah
Comb/Brush	Soap/Shampoo (in plastic containers)
Toothpaste/Toothbrush	Deodorant
Shower Sandals	Sanitary napkins/Tampons
Plastic container to carry toiletry items to and from the bathroom	

General Items:

_____Sleeping Bag _____Pillow _____Sheets for a twin bed (optional) _____Rain Gear (no umbrellas) Flashlight Beach Towel

Softball Glove

Sport strap for glasses/contact lens care items

_____Bike Helmet

Items Needed During "In-Processing"

These items will be turned in to camp personnel – Keep them accessible for faster "In-Processing"

\$10-\$20 (optional, for camp museum –will be turned in to camp personnel during In-Processing)
Padlock with 2 keys (will be turned in to camp personnel during in-processing – normal gym locker size, ¼" diameter shackle. A lock with a little longer shackle is suggested.

Prescription Medications: MUST be in the original container with the doctor's instructions and dosage. They will be turned in to medical personnel during in-processing.



MINNESOTA NATIONAL GUARD YOUTH CAMP MNGYC Camper Packing List

Revised 2024

1360 University Ave West, Box 132, St. Paul, Minnesota 55104-4086 Phone: (763) 670-1257

What NOT to bring to Camp:		
You may be asked to leave if these items are found		
Cell Phones or other electronic devices	Jewelry (other than studs in ears)	
Knives or weapons of any kind	Fireworks	
Matches, lighters, or candles	Sandals	
Razors/Shaving items	Roller Blades/Skateboards/Bikes	
Make-up	Hair Spray/Hair Dryer/Curling Iron/Straightener	
Pets	Perfume or Cologne (attracts bugs)	
Insect repellant or sunscreen (camp will provide)	Candy/Snacks/Gum (attracts wildlife)	
Medications (other than prescribed)	Disposable cameras	

General Information:

Campers may not wear clothing that reference pornographic, contain threats, or that promote illegal or violent conduct such as the unlawful use of weapons, drugs, alcohol, tobacco, or drug paraphernalia, demonstrate hate group association/affiliation and/or use hate speech targeting groups based on race, ethnicity, gender, sexual orientation, gender identity, religious affiliation, or other protected groups.