



# MINNESOTA NATIONAL GUARD YOUTH CAMP

## MNGYC Camper Packing List

Revised 2024

1360 University Ave West, Box 132, St. Paul, Minnesota 55104-4086 Phone: (763) 670-1257

**\*\*Please mark all items with Camper's name\*\***

**Clothes:** Bring old destroyable items – you will get wet and dirty at camp

- \_\_\_\_\_ Shorts (8): Minimum 3-inch inseam, not see-through, or overly tight, and ensure sensitive body parts are covered while squatting, running, jumping, or performing other activities at camp.
- \_\_\_\_\_ Shirts (10): NO tank tops, muscle shirts, spaghetti straps or bare midriff shirts. Ensure midriff is not exposed when lifting arms above head and are not see through when wet or dry.
- \_\_\_\_\_ Swimsuits (2): Girls – One piece or tankini only
- \_\_\_\_\_ Pants/J Jeans (4)
- \_\_\_\_\_ Pajamas (2)
- \_\_\_\_\_ Socks (12 pair)
- \_\_\_\_\_ Underwear (12)
- \_\_\_\_\_ Light Jacket or Windbreaker
- \_\_\_\_\_ Tennis shoes (2-3): They will likely get wet
- \_\_\_\_\_ Sweatshirts/Long sleeved shirts (2-3): At least one with a hood
- \_\_\_\_\_ Water shoes for at the beach (1): Both toe and heel must be covered or have straps. **NO CROCS.**

### Toiletry Items:

- \_\_\_\_\_ Bath Towel
- \_\_\_\_\_ Wash cloths/Loofah
- \_\_\_\_\_ Comb/Brush
- \_\_\_\_\_ Soap/Shampoo (in plastic containers)
- \_\_\_\_\_ Toothpaste/Toothbrush
- \_\_\_\_\_ Deodorant
- \_\_\_\_\_ Shower Sandals (**NO CROCS**)
- \_\_\_\_\_ Sanitary napkins/Tampons
- \_\_\_\_\_ Plastic container to carry toiletry items to and from the bathroom

### General Items:

- \_\_\_\_\_ Sleeping Bag
- \_\_\_\_\_ Pillow
- \_\_\_\_\_ Blanket (optional)
- \_\_\_\_\_ Rain Gear (no umbrellas)
- \_\_\_\_\_ Flashlight
- \_\_\_\_\_ Beach Towel
- \_\_\_\_\_ Softball Glove (Optional)
- \_\_\_\_\_ Fitted Twin Bed Sheet (Optional)
- \_\_\_\_\_ Sport strap for glasses/contact lens care items
- \_\_\_\_\_ Bike Helmet (camp will provide one if you don't have one)

### Items Needed During "In-Processing"

**\*\*These items will be turned in to camp personnel – Keep them accessible for faster "In-Processing"\*\***

- \_\_\_\_\_ \$10-\$20 (optional, for camp museum –will be turned in to camp personnel during In-Processing)
- \_\_\_\_\_ Padlock with 2 keys (will be turned in to camp personnel during in-processing – normal gym locker size, ¼" diameter shackle. A lock with a little longer shackle is suggested.
- \_\_\_\_\_ Prescription Medications: MUST be in the original container with the doctor's instructions and dosage. They will be turned in to medical personnel during in-processing.



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### What NOT to bring to Camp:

#### **\*\*You may be asked to leave if these items are found\*\***

Cell Phones or other electronic devices	Jewelry (other than studs in ears)
Knives or weapons of any kind	Fireworks
Matches, lighters, or candles	Sandals
Razors/Shaving items	Roller Blades/Skateboards/Bikes
Make-up	Hair Spray/Hair Dryer/Curling Iron/Straightener
Pets	Perfume or Cologne (attracts bugs)
Insect repellent or sunscreen (camp will provide)	Candy/Snacks/Gum (attracts wildlife)
Medications (other than prescribed)	Disposable cameras

### General Information:

Campers may not wear clothing that reference pornographic, contain threats, or that promote illegal or violent conduct such as the unlawful use of weapons, drugs, alcohol, tobacco, or drug paraphernalia, demonstrate hate group association/affiliation and/or use hate speech targeting groups based on race, ethnicity, gender, sexual orientation, gender identity, religious affiliation, or other protected groups.