



MINNESOTA NATIONAL GUARD YOUTH CAMP

MNGYC Camper Packing List

Revised JUNE 2026

1360 University Ave West, Box 132, St. Paul, Minnesota 55104-4086 / Email: Camps@MNGYC.org

****Please mark all items with Camper's name****

Clothes: Bring old destroyable items – you will get wet and dirty at camp

- _____ Shorts (8): Minimum 3-inch inseam, not see-through, or overly tight, and ensure sensitive body parts are covered while squatting, running, jumping, or performing other activities at camp.
- _____ Shirts (10): NO tank tops, muscle shirts, spaghetti straps or bare midriff shirts. Ensure midriff is not exposed when lifting arms above head and are not see through when wet or dry.
- _____ Swimsuits (2): Girls – One piece or tankini ONLY (No Bikini style swimwear)
- _____ Pants/J Jeans (4) _____ Pajamas (2-3)
- _____ Socks (12 pair) _____ Underwear (12)
- _____ Light Jacket or Windbreaker _____ Tennis shoes (2-3): They will likely get wet
- _____ Sweatshirts/Long sleeved shirts (2-3): At least one with a hood
- _____ Water shoes for at the beach (1): Both toe and heel must be covered or have straps. **NO CROCS.**

Toiletry Items:

- _____ Bath Towel _____ Wash cloths/Loofah
- _____ Comb/Brush _____ Soap/Shampoo (in plastic containers)
- _____ Toothpaste/Toothbrush _____ Deodorant
- _____ Shower Sandals (**NO CROCS**) _____ Sanitary napkins/Tampons
- _____ Plastic container to carry toiletry items to and from the bathroom

General Items:

- _____ Sleeping Bag _____ Pillow
- _____ Blanket (optional) _____ Rain Gear (no umbrellas)
- _____ Flashlight _____ Beach Towel
- _____ Softball Glove (Optional) _____ Fitted Twin Bed Sheet (Optional)
- _____ Sport strap for glasses/contact lens care items
- _____ Bike Helmet (camp will provide one if you don't have one)
- _____ Work Gloves / Garden Gloves (14–15-year-olds only)

Items Needed During “In-Processing” *These items will be turned in to camp personnel – please have ready to hand to staff and not packed in suitcase*

_____ Padlock with 2 keys (will be turned in to staff during in-processing – normal gym locker size, ¼” diameter shackle. A lock with a little longer shackle is suggested.

_____ Prescription Medications: MUST be in the original container with the doctor's instructions and dosage. They will be turned in to medical personnel during in-processing. (non-essential over the counter medications or vitamins should stay at home.)



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What NOT to bring to Camp:

****You may be asked to leave if these items are found****

Cell Phones or other electronic devices	Jewelry (other than studs in ears)
Knives or weapons of any kind	Fireworks
Matches, lighters, or candles	Sandals
Razors/Shaving items	Roller Blades/Skateboards/Bikes
Make-up	Hair Spray/Hair Dryer/Curling Iron/Straightener
Pets	Perfume or Cologne (attracts bugs)
Insect repellent or sunscreen (camp will provide)	Candy/Snacks/Gum (attracts wildlife)
Medications (other than prescribed)	Disposable cameras

General Information:

Campers may not wear clothing that reference pornographic, contain threats, or that promote illegal or violent conduct such as the unlawful use of weapons, drugs, alcohol, tobacco, or drug paraphernalia, demonstrate hate group association/affiliation and/or use hate speech targeting groups based on race, ethnicity, gender, sexual orientation, gender identity, religious affiliation, or other protected groups.